

12-7-2010

Iowa State Daily (December 7, 2010)

Iowa State University

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Recommended Citation

Iowa State University, "Iowa State Daily (December 7, 2010)" (2010). *Iowa State Daily, December 2010*. 5.
http://lib.dr.iastate.edu/iowastatedaily_2010-12/5

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Liberal Arts and Sciences

Blue Sky Taskforce says report done, not public

College receives final draft of reorganization plans

By Thane.Himes @iowastatedaily.com

The Blue Sky Taskforce finished its final report and turned it in to College of Liberal Arts

and Sciences Dean Michael Whiteford's office last Wednesday. Blue Sky is the team of faculty from the College of Liberal Arts and Sciences in charge of brainstorming ideas to make LAS more financially efficient. "We'd like to keep things within myself and the task force for now," Whiteford said. "I don't think it would be fair yet to release it to the pub-

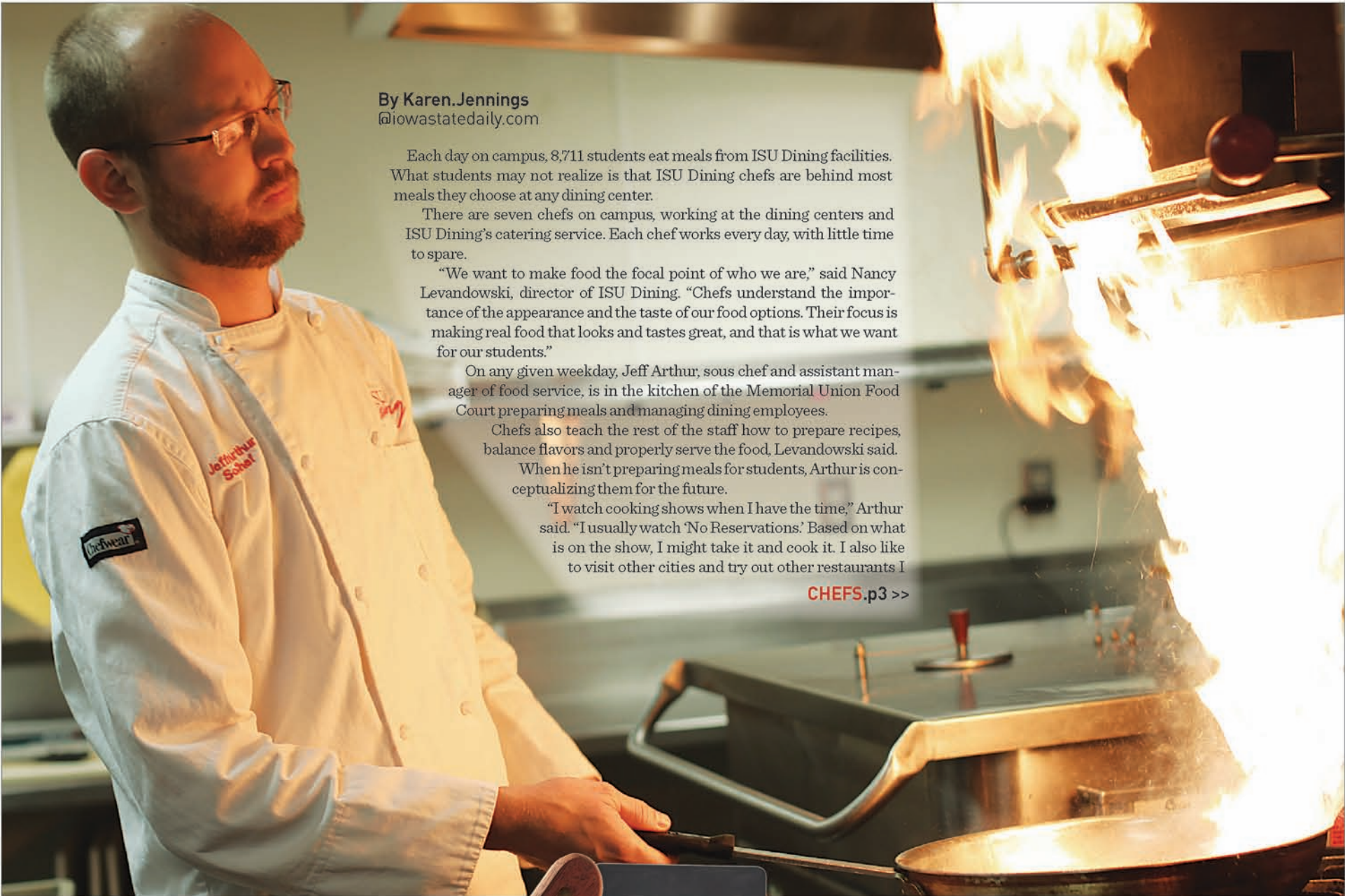
lic before all of the task force has seen the final report." At the time of turning in the report, not all of the members of Blue Sky had a chance to see the final draft. Whiteford gave everyone on the committee a copy, and a meeting will be organized in which Whiteford will sit down with the entire task force and discuss the report. "I'd like to be able to hear what everyone in

[Blue Sky] has to say," Whiteford said. "It's important to get everyone's viewpoints before we go ahead and inform the public." The report primarily contains ideas and plans concepts on how to potentially reorganize LAS to offer as many classes with as much variety as possible while maintaining financial efficiency during these times of consistent budget cuts.

ISU Dining

Chefs cater to campus

Jeff Arthur is the resident chef at the Memorial Union Food Court. Arthur often travels to different cities and watches cooking shows like "No Reservations" for food inspirations. Photo: Huiling Wu/Iowa State Daily



By Karen.Jennings @iowastatedaily.com

Each day on campus, 8,711 students eat meals from ISU Dining facilities. What students may not realize is that ISU Dining chefs are behind most meals they choose at any dining center. There are seven chefs on campus, working at the dining centers and ISU Dining's catering service. Each chef works every day, with little time to spare. "We want to make food the focal point of who we are," said Nancy Levandowski, director of ISU Dining. "Chefs understand the importance of the appearance and the taste of our food options. Their focus is making real food that looks and tastes great, and that is what we want for our students." On any given weekday, Jeff Arthur, sous chef and assistant manager of food service, is in the kitchen of the Memorial Union Food Court preparing meals and managing dining employees. Chefs also teach the rest of the staff how to prepare recipes, balance flavors and properly serve the food, Levandowski said. When he isn't preparing meals for students, Arthur is conceptualizing them for the future. "I watch cooking shows when I have the time," Arthur said. "I usually watch 'No Reservations.' Based on what is on the show, I might take it and cook it. I also like to visit other cities and try out other restaurants I

CHEFS.p3 >>

Meet ISU Dining's other chefs

Information from ISU Department of Food Science and Human Nutrition

Ed Asterita, pastry chef, ISU Dining
Culinary Institute of America
Worked for the Ritz Carlton in Boston, the Oyster Bar and Grill in New York City, the Turnberry, Isle of Jura and Country Club in Miami Beach

Thierry Bourroux, chef/manager, ISU Dining
Bourroux is a native Frenchman, who began working at the Hôtel Restaurant Le Terminus in Faulquemont, France. He moved to Ames in 2004 and worked at Aunt Maude's and The Cafe in Ames and as the director of catering for The Compass Group in Des Moines. Donald Wolfe, sous chef/assistant manager, ISU Dining, Residential
Des Moines Area Community College
Iowa native who has worked for The Compass Group and The Beaverdale Estates and has more than 12 years of experience in professional food operations

Kevin Streiff, sous chef/assistant manager, ISU Dining, Catering
Des Moines Area Community College
Specializes in large party service, weddings, special events, organics and sustainable foods

Everett J. Phillips, executive chef, ISU Dining
Culinary Institute of America
Worked as a pastry chef for Cowan and Lobel and as food and beverage director for the Marriott Corporation

College of Agriculture

Advancing agriculture in Iowa

By Whitney.Sager @iowastatedaily.com

College of Agriculture students from around the state have been given the duty to be the eyes, ears and voices of agriculture. Four ISU students have been named members of the first Iowa Corn Student Advisory Team. The group consists of student representatives from agriculture programs at colleges around the state. The Iowa Corn Growers Association and the Iowa Corn Promotion Board are sponsors. The members are responsible for identifying areas of concern that the public has regarding agriculture. "As team members, we have been tasked with listening around campus and in our communities to public opinion on agricultural issues and de-

termine how we can influence them or bring truths to the matter," said Charlie White, senior in agricultural business. White said there are fallacies in today's media that shed a negative light on the agricultural industry. The team will work to correct those fallacies. The team will attend meetings with its sponsors, at which members will provide a student's perspective about issues the organizations are discussing. "We're the future of agriculture and can provide a younger generation's perspective," said Traci Tiernan, junior in agricultural and life sciences education. "We're going to be the ones who take over some day." Promoting agriculture in Iowa and attracting younger generations of farmers to the state are other tasks the team has been assigned. The mem-



ISU representatives of the Iowa Corn Student Advisory Team include Charlie White, senior in agricultural business; Carly Cummings, junior in agricultural business; Traci Tiernan, junior in agricultural and life sciences education; and Andrew Lauver, junior in agricultural studies. Photo: Whitney Sager/Iowa State Daily

bers will work with their sponsors to accomplish those tasks. One way the team will promote agriculture is through monetary support. Andrew Lauver, junior in agricultural studies, said the team has been given \$2,000 from the association to distribute to agriculture

programs at Iowa colleges. "We will be distributing this money to the students for projects that they will be conducting on their campuses," he said. The team is in the process of finalizing the application be-

TEAM.p3 >>

Mural

Police name suspect in vandal case

By Kaitlin.York @iowastatedaily.com

On Sunday, Martin Morales, owner of Mexican restaurant El Patron, reported vandalism across the painting of the restaurant's logo located on the south side of the building. "I got a phone call during my break telling me that there was vandalism outside the restaurant. I made the call to the police and now they are handling it," Morales said. "We plan on repainting the mural on the building sometime soon." El Patron is located at 118 Welch Avenue, next to Sips. Zacharia Emery is the known suspect in this case. He is not an ISU student, according to the police report. His motive for the vandalism is unknown. No charges are being pressed. Morales and Emery are working together to come to an agreement regarding the action that will be taken.

Weather | Provided by Weather.com

Tue

8|23

Party cloudy. Winds at 7 mph from the north-northwest.

Wed

19|31

Skies partly cloudy. Winds at 6 mph from the south-southeast.

Thu

22|39

Cloudy in the morning, with sun later. No chance of precipitation.

Calendar

TUESDAY

Coach Talk:
Fred Hoiberg
When:
Noon to 1 p.m.
What:
The Cyclone men's basketball coach will meet with fans and answer questions about the season.
Where:
Sun Room,
Memorial Union

TUESDAY

Workshop:
Floral Design Series
When:
1 to 2:30 p.m.
What:
Learn the tips and skills used to create your own one-of-a-kind floral design.
Where:
Reiman Gardens

TUESDAY

Design Expo:
Mechanical Engineering
When:
Noon to 4 p.m.
What:
Students from four fall courses in the department of mechanical engineering will share their design ideas, prototypes and devices.
Where:
Howe Hall

WEDNESDAY

CODAC Fall Art Sale
When:
10 a.m. to 5 p.m.
What:
Fall sale of work by students in the integrated studio arts program.
Where:
Lobby, College of Design Building

WEDNESDAY

Reception: Catt Center's 2011 calendar honorees
When:
3:30 to 5 p.m.
What:
Recipients of the Catt Center's 2011 "Women Impacting ISU" will be honored.
Where:
Sun Room,
Memorial Union

WEDNESDAY

Works in Progress Series
When:
6 to 7 p.m.
What:
Dean Biechler, lecturer of integrated studio arts and biological and pre-medical illustration, will present "Design: It's for the Birds."
Where:
130 Design

Correction:

In the Dec. 3 edition of the Daily, the editorial "Rule adherence is imperative to Dead Week" did not include the full context of a quote from the Academic Success Center website. The quote in the editorial read, "We are not advocates of cramming." The full quote from the Academic Success Center reads, "We are not advocates of cramming as the only method of test preparation."
The Daily regrets the error.

Daily Snapshot

CAROLING AT PARKS: Bringing life to Dead Week

Nick Jaegers, German Parada and Ethan Dahlhauser sing carols outside Parks Library. Carolers will sing every day at noon at various locations around campus during Dead Week. Photo: Whitney Sager/Iowa State Daily

Police Blotter: Ames, ISU Police Departments

Nov. 30

Justin Cousins, 22, 4912 Mortensen Road unit 623, was arrested and charged with operating while intoxicated. (reported at 4:14 a.m.)
Donavan Cirkse, 30, of Evansdale, was arrested and charged with fifth-degree theft, trespass, third-degree burglary, drug paraphernalia and public intoxication, third offense. (reported at 9:29 a.m.)
Sudhanshu Vyas, 45D Schilleter Village, reported damage to a bike. (reported at 11:57 a.m.)
Yanbin Fu, 20, 1415 Coconino Road unit 103, was arrested and charged with driving while barred (aggravated misdemeanor) and driving under suspension. (reported at 6:20 p.m.)
Dec. 1
Katrina Lutzow, 25, 319 N. Russell Ave., was arrested and

charged with operating while intoxicated. (reported at 1:25 a.m.)
A staff member reported someone attempted to enter an office. (reported at 7:05 a.m.)
Jeffrey Erickson, 29, of Des Moines, was arrested and charged with operating while intoxicated. (reported at 2:30 a.m.)
Martin Anderson, 28, 1317 Wilson Ave., was arrested and charged with second-degree harassment. (reported at 5:15 p.m.)
An unattended vehicle rolled out of its stall and struck a parked car. (reported at 5:30 p.m.)
Vehicles driven by **Terry Besser** and **Sean Shickell** were involved in a property-damage collision. (reported at 5:38 p.m.)
Officers initiated a drug-related investigation. (reported at 11:25 p.m.)
Dec. 3
Nicholas Dewitt, 22, of Jewell, was arrested and charged with operating while intoxicated, second offense. (reported at 12:41 a.m.)

Alex Wolf, 18, 4404 Friley Hall, was arrested and charged with possession of a controlled substance and possession of drug paraphernalia. He was subsequently released on citation. (reported at 1:05 a.m.)
Julie Hartung, 20, 119 Stanton Ave. unit 718, was arrested and charged with disorderly conduct. (reported at 1:30 a.m.)
Myra Krieger-Coen, 20, 10324 Wallace Hall, was arrested and charged with public intoxication. (reported at 1:37 a.m.)
Kenneth Hodges, 18, of Altoona, was arrested and charged with public intoxication. (reported at 2:39 a.m.)
Kelee Harmeyer, 23, 1320 Gateway Hills Drive, was arrested and charged with public intoxication. (reported at 2:54 a.m.)
Vehicles driven by **Kyle Holschlag** and **John Vachris** were involved in a property-damage collision. (reported at 7:42 a.m.)
Rory Smith, 4773 Helser Hall, reported the theft of electronic equipment. (reported at 4:33 p.m.)

Celebrity News

Notes and events.

Brooke Mueller checks into sober living facility

TMZ first reported that Brooke Mueller checked into a sober living facility in Los Angeles on Friday. Her attorney, Yale Galanter, told the site that his client — who has struggled with substance abuse in the past — did not have a relapse and is free to come and go from the facility as she so chooses.
Bristol Palin to Margaret Cho: I wasn't forced to dance
Bristol Palin isn't sidestepping the issue of whether her mom forced her to do "Dancing With the Stars," as claimed by former competitor Margaret Cho. In a Saturday message on her

Facebook page, Sarah Palin's 20-year-old daughter writes, "I was somewhat taken aback to read about me in a blog by my friend and fellow contestant, Margaret Cho. In a post she called 'Pistol Whipped' she wrote that 'the only reason Bristol was on the show was because Sarah Palin forced her to do it. Sarah supposedly blames Bristol harshly and openly ... for not winning the election, and so she told Bristol she 'owed' it to her to do DWTS."
Bristol, who made headlines in 2008 for being a teen mom, says she just wanted to make her folks proud. "Loving my parents had everything to do with it," she says of her reason for joining the dance competition.

Robert Downey Jr. set to star in musical

According to The Hollywood Reporter, Warner Bros. is developing a comedy for Downey, who would play one half of a Broadway songwriting team who "find themselves creatively and financially bankrupt when their big-break musical flops."
The film — featuring songs from Brian Yorkey and Tom Kitt, who composed the Broadway musical "Next to Normal" — wouldn't exactly be a stretch for the 45-year-old "Sherlock Holmes" star: He attended theater camp as a youth, and besides singing in several of his movies, he also released an album of songs in 2004.

Audience gets a refund after Steve Martin disappoints

A recent speech that Steve Martin gave at the 92nd Street Y was no laughing matter — and that's exactly why the audience is getting their money back.
Guests who attended the event had expected to hear the comedy legend talk about his career, but they became irritated when the one-hour interview session remained focused on the art world. Martin tells the New York Times that viewers sent e-mails to the Y complaining "that the evening was not going the way they wished, meaning we were discussing art." The next day, Y executive director Sol Adler e-mailed an apology to the 900 ticket holders.

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Publication:

ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.
Paid subscriptions are 40 cents per copy or \$40, annually, for mailed subscriptions to ISU students, faculty and staff; subscriptions are \$62, annually, for the general public.
The Iowa State Daily is published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.
Summer sessions:
The Iowa State Daily is published as a semiweekly on Tuesdays and Thursdays, except during finals week.
Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.
The Daily is published by the Iowa State Daily Publication Board, Room 108 Hamilton Hall, Ames, Iowa, 50011.
The Publication Board meets at 5 p.m. on the fourth Wednesday of the month during the academic school year in Hamilton Hall.

Postmaster:

(USPS 796-870)

Send address changes to:
Iowa State Daily
Room 108 Hamilton Hall
Ames, Iowa 50011
PERIODICALS POSTAGE

Faculty Senate

Task force will evaluate faculty

By Kaleb Warnock
[@iowastatedaily.com](mailto:kwarnock@iowastatedaily.com)

The Faculty Senate will meet to discuss the graduation list, vote on amendment to the faculty handbook, discuss results from the NTE Task Force and pay respects to departed colleagues.

The most hotly debated subject will be results from the Task Force to Examine Limits on Non-tenure Eligible Faculty.

The task force is a committee of ISU faculty that works with AAUP guidelines to regulate faculty positions and determine whether their guidelines are compatible with the learning environment and standards at Iowa State.

“These are coming forward not as policy, but as recommendations,” said Faculty Senate President Mike Owen. “The thing we are wanting to do is to make sure that the faculty recognizes that. While some people are rather cynical, saying that there is nothing we can do as far as achieving the number for NTE, but we certainly recognize that the cultures of each department are different so they all have very different needs.”

Owen also recognized concerns for colleges like the College of Design and the Greenlee School of Journalism and Communication, which employ lecturers with teaching responsibilities at Iowa State alongside independent professional careers.

Owen said there won’t be major changes and people should not be too concerned. Instead, he said, this is an exercise to examine each college and promote discussion between deans and faculty.

“What we are wanting to do is to engage the faculty with administration both at the department level and the college level as to what the university should look like,” Owen said.

The senate will cast a final vote on the amendment to the faculty handbook to rename academic units and will also address an amendment to the handbook about “Abandonment of Post.” Owen summarized the policy: “Faculty can be dismissed from their post that they were working on explicitly defining the repercussions when faculty members do not fulfill their duties.”

The meeting be at 3:30 p.m. Tuesday in the Great Hall of the Memorial Union

>>**TEAM.p1**

fore making it available to college agriculture organizations.

In addition to promoting agriculture, the team will also have the opportunity to travel to Washington, D.C., this summer to attend the Corn Congress. Lauver said team members will be able to talk to government officials about issues facing corn growers.

“I am looking forward to networking with people involved in the grain industry here in Iowa, National Grains Council, and also lobbyists and congressional leaders in the State House as well as in Washington, D.C.,” White said. “I feel some of these contacts will be beneficial in my career as a commodity merchandiser.”

Aside from their responsibilities to the team, members hope to make connections with people in the agricultural industry and establish skills that will be beneficial to them in the future.

Lauver said he not only wants to be a leader in the company he works for after college, but he also wants to be a leader in the community he lives in. His experience as a team member will help prepare him for those positions.

“The things I will learn while being on the Iowa Corn Student Advisory Team will help me capitalize on the opportunities that will be available to me in my career,” Lauver said.

The ISU team members encourage others to become involved on the team next year.

“It’s a way to get involved with the agriculture industry outside campus,” said Carly Cummings, junior in agricultural business.

>>**CHEFS.p1**

[haven’t visited].”

Through trying out new recipes and seeing what others are doing, Arthur finds inspiration for things he might consider bringing to campus. When ideas are proposed, he tries them and allows others to test the new concoctions.

“Students and staff bring recipes to me, and there is a group that tastes to see if it is good or not,” Arthur said.

Arthur grew up in Ames and found himself immersed in the culinary world after working at Aunt Maude’s when he was 16. He attended the Culinary Institute of America in Hyde Park, N.Y., and graduated with an associate’s degree in occupational studies.

Arthur’s curiosity about food led him to work at places such as the Four Seasons Hotel, Newport Beach and Michael Mina’s Nobhill in Las Vegas. Arthur has been working for Iowa State for three years.

“[ISU Dining is] everything I expect out of a chef job,” Arthur said. “[I like] special events that I have the opportunity to plan menus for.”

Aside from preparing meals and bringing in new recipes, the campus chefs also spend part of their time tweaking recipes that are already used.

“We change recipes as

often as needed,” said Torin Munro, sous chef and Seasons assistant manager. “We [might] use a recipe from a catering event that needs to be changed, or a base spice will no longer be available. Other times it is using a fresh set of eyes on a recipe that has been a part of ISU for a long time, but no one used it because the end result wasn’t what people were looking for.”

Munro has worked in restaurants since he was 14. Like Arthur, Munro attended the Culinary Institute of America.

Munro graduated in 2007 with a bachelor’s degree in culinary arts management and moved to North Carolina, where he became head chef of a small restaurant that specialized in local, organic, seasonal foods. He moved to Iowa a year later to work with ISU Dining.

“I enjoy the student workers and our customers,” Munro said. “Compared to restaurants where you only have a few regulars, I have the luxury of having about a thousand.”

The chefs on campus are also responsible for identifying foods and beverages popular among students, and quality control of the food the dining centers prepare.

ISU Dining’s chefs do what they can to act upon students’ suggestions. If students want to suggest recipes, they can tell or e-mail an employee, contact ISU Dining on Facebook or fill out comment cards.

Politics

Branstad reviews economy

By Tyler Kingkade
[@iowastatedaily.com](mailto:tkingkade@iowastatedaily.com)

DES MOINES — Gov.-elect Terry Branstad disapproves of the way he’s given nominees for appointment to the Iowa Supreme Court, but he’ll have to deal with it — at least when he likely fills the three vacancies left as a result of the Nov. 2 vote against the retention of three of the high court’s justices.

Branstad talked about possibly changing the way nominees are selected during his campaign, hinting that he preferred a scenario similar to the federal system, where a U.S. president can choose anyone with a legal background, even if they had not been a judge in the past. He again mentioned it Monday morning at the State Capitol to reporters.

“There is no foolproof system [to pick judges] and there’s no way to anticipate what someone might do 15 or 20 years later,” Branstad said shortly after acknowledging two of the outgoing justices were appointed by him in his past years in office. The incoming governor spent much of his time discussing ways he’d like to stimulate Iowa’s economy, although the state is in better shape than many others and will begin 2011 with a \$940 million surplus. Yet, when the same-sex marriage issue was brought up, he chose his words much more closely. Branstad signaled he believed the Iowa legislature should pass a resolution to allow a vote go to the public on whether to make marriage one man-one woman. But Democrat Mike Gronstal, who will remain Senate Majority Leader, has vowed to never let that come to a vote, because, in his words, he will not write discrimination into law.

“Just because you’re a leader in the legislature doesn’t mean you’re a dictator or you have the right to make unilateral decisions,” Branstad said, seeming to be referring to Gronstal. Gronstal later responded to the comment, “Dictators are those who make efforts to take away other people’s rights. I’m not going down that road.”

Speaker-elect Kraig Paulsen and Senate Minority Leader Paul McKinley, Republicans, spoke alongside Gronstal and House Democratic Leader Matt McCarthy. Paulsen said changing the nominating process could come up in the judiciary committee, but said it likely would not be more than a discussion on the matter. Branstad also said he’d like to change the makeup of the nominating commission, which Republicans have been criticizing as being stacked with Democrats. Although on Monday, Democratic leaders responded it was full of Republicans during Branstad’s tenure. Outgoing Chief Justice Marsha Ternus said in an October speech in the Memorial Union it was, indeed, said to be heavily Republican when she was nominated

Universities should justify funding

When asked by the Iowa State Daily if Regent universities would face another cut in funding next year, incoming Speaker of the Iowa House Kraig Paulsen, Republican, said, “I think every government agency should be ready to justify money they receive, and that includes Regent universities.”

in the 1980s, but they were still fair in their process.

Early sparring in plans

Much of the morning discussions with reporters did focus on the economy and what Branstad intends to do to spur growth. Branstad said he would be busy over the next week deciding who he would appoint to lead various departments in his administration, and said he’d work on greatly reducing commercial property taxes to 60 to 65 percent of market value, as opposed to 100 percent, where he said it stood now. The point of this would be to attract more businesses to locate in Iowa.

Branstad said he’d like to phase the property tax down over four to five years, and equated it with how he got rid of a tax on machinery equipment in his past terms as governor.


But Gronstal characterized the example of the phase out on tax of machinery equipment was “pretty close to the biggest unfunded mandate” in state history. He said one cannot lower a tax rate without regard to how a local government depends on that revenue, because the revenue will need to be made up elsewhere.

McKinley said leading up the election, property taxes were the number one issue brought to his attention, and many believe they are too high. But leaders of the House and Senate cautioned they would need to make sure local governments do not face an increased burden due to the cut in commercial property tax, especially since much of property tax revenues are used for education. Republican leaders said there is some “heavy lifting” to be done about property tax reform, but it has to be done. Paulsen said he’d like to work on repaying the \$231 million he claimed Gov. Chet Culver shorted school districts in the prior year. Another step Branstad intends to take to reduce the cost of government is to only hire one legislature liaison, named Monday as Todd Schulz.

Despite the positive projection for revenues today by the Iowa Revenue Estimating Conference, Branstad warned cutting spending would still be needed because many of the one-time funds, like the federal stimulus money to states, would not be around again. Branstad recently met with national leaders in Washington D.C.



Branstad



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11	9:00 am - 5:00 pm
12	12:00 pm - 4:00 pm
13-16	7:45 am - 6:00 pm
17	7:45 am - 5:00 pm
18	9:00 am - 4:00 pm

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[December 14-16](#) 12:00 pm - 7:00 pm

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Maple Willow Larch Commons

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Branstad moves toward blocking of LGBT rights

There are nine work days until the semester ends, ladies and gentlemen. It's times like these when we envy the out-of-staters — one step outside is all it takes to absolve all culpability for anyone inclined to get out of Central Iowa in quick fashion. It's a given that were it not for this fine institution of learning, most of us would rather be anywhere but the middle of Iowa, especially in the throes of winter. There's a hunch that the lovely hues of gray and brown found November through March may indeed have something to do with our generation's noticeable exodus from our dearly beloved farm country.

Come Jan. 10, Iowa's political climate may prove equally inhospitable. Yesterday, Gov.-elect Terry Branstad espoused great plans for the Empire, recounting the Iowa Supreme Court's decision on same-sex marriage a "tragic mistake," and calling for a vote to amend the definition of marriage via the state constitution.



Branstad

This is where we take the time to remind you that the "decision" was to uphold a lower court's ruling that denying marriage licenses to couples based solely on the grounds of sexual orientation was of "no significant government interest."

Branstad again went on the record criticizing Iowa's process of judicial selection as highly partisan, with 12 Democrats on the nomination committee, preferring the luxury of directly selecting U.S. Supreme Court Justices afforded to the president.

We'll spare you a tirade on how ridiculously hypocritical that statement is, and instead remind you that it was the Branstache himself who selected two of the three judges sent packing Nov. 2 in political retribution, with Republican committee members galore.

With a projected \$914 million surplus and fellow partygoers taking control of the U.S. House of Representatives, state Republicans seem hell-bent on orchestrating a statewide vote to directly discriminate against a specific minority in the state constitution.

Your new governor is equally enthused. Senate Majority Leader and Counciltuckyman Mike Gronstal has pledged to block any vote to begin the thankfully arduous process of constitutional amendment. Terry Branstad was quick on the draw:



Gronstal

"Just because you're a leader in the legislature doesn't mean you're a dictator or you have the right to make unilateral decisions." Yes, the man who wants total authority over judicial selection, the man who supports legislative discrimination against the LGBT community, is calling people a dictator.

Gronstal's response? "Dictators are people that make efforts to take away other people's rights. I'm not going down that road."



Get more online: For more on Gov.-elect Terry Branstad, Iowa's Revenue Estimating Conferences, tax revenue and recent developments in LGBT civil rights, go to iowastatedaily.com

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Free Charles Dyer



By Jason.Arment@iowastatedaily.com

Imprisonment of July4Patriot is wrong, take action

What would you think if you found out a good man was being persecuted for speaking out against the federal government? If it was in your power, would you help him? This very thing is happening to Charles Dyer.

I was afforded the opportunity and privilege to speak with him recently. I asked him to tell me his story in his own words. "My story is too long to tell, to be honest. Too much, man," Charles began. "It all started, I guess, after I made my first videos. I hadn't had any problems at all until after that."

Charles Dyer is widely known as the July4Patriot, who published videos on YouTube wearing a skeleton mask that obscured half his face. In his videos he speaks out about his fears that the federal government is growing too strong, and that if people don't wake up and start taking responsibility for the government they put in power, soon it will be too late.

How Charles ended up in his current predicament is a story that is long, but pay attention. This is important.

"Found out in 2009, while I was in the Marine Corps, that my wife was doing group sex and drugs and all kinds of craziness, so we split up," Charles told me. "Whenever I threatened to take my daughter, she called the Marine Corps and told them I was making videos to take over the government and all kinds of crap, that I threatened to kill her and kill my daughter, and they arrested me. Then they found out it was all BS and they let me go. I got out of the Marine Corps."

Allegations from his wife weren't done negatively impacting his life — not by a long shot.

"I came back to Oklahoma in December of '09, and I told her boyfriend all the stuff she had done, and I guess she had lied to him about that stuff and he left her. The day I gave my daughter back to her for her visitation at Christmas she went and started saying I raped my daughter. That's what started all this mess." Charles went on. "After that, the unprofessional, the lack of even giving a shit what the real true story is. The unprofessional [actions] of the law enforcement, FBI, sheriff's department, police department. They hear the word militia and it's over, your life's over."

His last statement, about the mention of "militia" being a game-ender, is something I find disturbing, since the Second Amendment specifically addresses this issue. I asked Charles about ARM, the American Resistance Movement, which is pro-Constitution and endorses the freedom of the individual militantly.

"It's not actually a militia, it's just a movement." Charles said. "It's not a group of guys that sit around a table and call themselves the American Resistance Movement, it's just an idea. I've never been a part of a militia. I've never been a part of any actual group. I travel around and train militias, citizen militias, train groups. I don't have one — I would, but there is nobody around here."

After he was arrested, LEOs obtained a DNA warrant and entered his home. They didn't find any DNA from his daughter anywhere, according to Charles, but they did find a 40 mm grenade launcher that he had purchased under the false pretense of it being a legal 38 mm flare gun. The charge of failing to register a

destructive device was added. Charles went on to win the court case regarding whether or not he bought a 40 mm grenade launcher. A jury of his peers decided he had been deceived by the person who had sold him the piece of equipment. Charles was pulled out of his cell and interrogated about the 40 mm grenade launcher. At the end of the interrogation, Charles said, some very telling comments were made to him by an FBI agent.

"I guess July 4th Patriot won't be making any videos any time soon," and he laughed at me," Charles said. "Later I found out that they confiscated my mask and they had confiscated a speech I was working on. Now what the hell does my mask and speech I was working on have anything to do with incest or having a grenade launcher in my home? They made it very clear to me why they were there."

I find it hard to disagree with Charles' thought process regarding the motivation behind his arrest. Charles' complaints about law enforcement don't end there. "They violated my rights by coming into my home without a warrant several times. One of them while I was there and I told them they weren't allowed to come in and the deputy forced the way inside, forced [Department of Homeland Security] to let them come inside."

He continued, "They've given me excessive bail. When I was at the federal courthouse, they denied my bail. Denied me bail at all. Made me sit there for 90 days and rot because I was a threat to society and a flight risk."

"Well, for one, I've never missed a court date in my life because I've never been in trouble — not even a speeding ticket in my life except once, when I was 16 or 18, I got a speeding ticket. I've served my country for eight years, got dual honorable discharges, never so much as a negative counseling, had a secret security clearance, served in Iraq, served in a sheriff's department for a year here. Never did anything in my life to warrant this, and they have just crapped on me because somebody said the word 'militia.'"

"I've not even been asked my side of the story, I've not been ques-

tioned once on this rape allegation case. My family has been threatened by the FBI. The FBI told my mother straight to her face that if she didn't cooperate with them, that they were going to make enough charges to put me away for 40 years. The police department here has dumped trash in my yard."

I asked Charles about people's response to his videos, whether or not his militant nature put people off.

"I would say 99 percent positive. I don't get too many negative reactions from them," Charles said. "When I do get negative reactions, the comments or mail or whatever that I get from people is just steeped in ignorance, completely steeped in ignorance. People that don't know what the Founding Fathers' intentions were, haven't read their Constitution, they have no idea that we are even a republic; they think that we are a democracy. The people that are informed are 100 percent supportive. Although a lot of people don't like the fact that I wore masks for awhile, but once they found out that I was active duty in the Marine Corps, they were supportive."

Charles said the reason he started making the videos is that one day he realized that while he had sworn several oaths to protect the Constitution, he had never read it. After reading the Constitution, he was moved to speak out against the federal government.

"I'm pretty

much a traitor if I sit back and I don't do something to try to wake people up," Charles said. "If I just sit here and watch 'American Idol' and pretend that nothing's happening, I'm doing a disservice to my countrymen and, hell, there's no reason I should even be a Marine. That's when I started."

Charles wouldn't go back and change it, though. He wouldn't change a single thing he did.

"If I could go back and change it, I wouldn't. I don't regret anything that I've done, and if I could go back, I wouldn't change it. I will be quitting this fight when they kill me — when they imprison me, or they kill me."

Charles' words directly to you, the reader, are as follows:

"Wake the hell up to what's going on around you, because very soon there's a great possibility that your children and grandchildren are going to be enslaved by shackles that the government that you put in place is going to put on them."

Charles Dyer is going to trial in January for the charges leveled against him concerning his daughter. If he loses the court battle, he could spend the rest of his life in prison. Where are my opinions in all of this? My opinions are in my actions. A few days ago I donated to the Charles Dyer defense fund. If you want to do the same, visit freejuly4patriot.chipin.com, where you also can see his videos and other information. I'm not going to urge you to donate

— I'll let your convictions guide you in that decision. Instead, I'm urging you to learn more about Charles Dyer's story. I urge you to watch his videos and look further into the circumstances surrounding his wife's allegations. Then weigh in your mind carefully what is happening.



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Men’s basketball



Forward Melvin Ejim finishes a dunk that resulted in a technical foul during Monday’s game against Southeast Missouri State. Ejim had 18 points and 10 rebounds to help the Cyclones defeat the Redhawks 85-58. Photo: Bryan Langfeldt/Iowa State Daily

Cyclones earn 7th win

Iowa State rolls over winless Redhawks

By Chris Cuellar
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It may not have been the most inspired night of basketball Hilton Coliseum has ever had, but Iowa State stepped its game up in the second half on its way to a 85-58 win over Southeast Missouri State.

Monday night games are rare enough, add to that the fact the Redhawks (0-9) are one of nine teams nationally still without a victory, and the rival Iowa Hawkeyes await Friday — and the team was primed for a slow start.

“You have two very tough defeats and you see a team coming in and they’re winless, how do you find the energy to get up for that?” said ISU coach Fred Hoiberg.

“You have to find it within sometimes. They went out from the opening tip and really competed.”

While the Cyclones did open up a 20-point lead before halftime, the crowd noise and game intensity were lacking. Attendance was listed at a generous 12,502 for the evening and the evident gaps in seats left the crowd pedestrian most of the evening.

“We knew it was going to be a little bit lighter tonight,” Hoiberg said. “The Cal game was phenomenal, that brought back memories of the old Hilton Magic. It was such a great atmosphere. You worry about guys coming out and having a little bit of a letdown, just because of how emotional these last two games have been. And we’re so short, we’ve played three games in six days.”

Southeast Missouri State struggled as it has throughout the season, committing untimely fouls and turnovers and shooting just 32 percent from the floor on the night. The Redhawks turned the ball over 20 times and were out-rebounded by seven. All 10 active Cyclone

players were able to see action in the rout.

“The energy was great, because we told ourselves that we’re not going to have Cyclone Alley and a lot of fans here at the game, so we said we had to create our own energy,” said ISU guard Diante Garrett.

Garrett led all scorers with 20 points on 8-of-12 shooting on the night, despite playing just 28 minutes. The team’s leader wasn’t alone though, with four Cyclones totaling double-digits in the scoring column. Hoiberg’s club shot 52.5 percent from the floor, but made just five 3-pointers, four below their season average. The Redhawks were led by Anthony Allison and short-termed Cyclone recruit Marcus Brister, who finished with 11 points apiece on the freezing night in Ames.

“They’ve had stretches this year of playing very good basketball, so we had to come out and approach this like every game we’ve played, coming out and giving 100 percent effort,” Hoiberg said.

The Hawkeyes are next on the schedule, but after taking a road trip to visit coach Fran McCaffery’s team, Iowa State takes on three schools with a combined 5-18 record, so the likelihood of having more sluggish games with low crowd noise is high. The team won’t treat Chicago State like Kansas, but wants to have better focus for all 40 minutes, no matter the opponent.

“The big thing we told them was not to take this team lightly,” Iowa State’s first-year coach said. “They’re winless, but they’ve been in most of the games they’ve played. They played Arkansas to 10 points. We did a good job hanging around and then extended the lead in the second media timeout, and by halftime the game was pretty much out of reach.”

Iowa State’s success came through guard play on Monday night. While Hoiberg knew before the year started the contribution of his front line wouldn’t be the strength of the team, the vertically inclined players for Iowa State struggled

	1	2	final
SE Missouri State	30	28	58
Iowa State	45	40	85

Game statistics

Southeast Missouri		Iowa State
32.2%	Field goal %	52.5%
22.7%	3-point %	27.8%
78.9%	Free throw %	64.3%
33	Rebounds	38
13	Assists	14
21	Turnovers	14
2	Blocks	5
3	Steals	7
24	Points in paint	38
16	Points off turnovers	34
6	Second-chance points	16
0	Fast-break points	4
25	Points off bench	12

even though they had a size advantage on the Redhawks. Players above 6 feet 6 inches tall — Jamie Vanderbeken, Calvin Godfrey, Eric McKnight and Jordan Railey — finished a combined 5-of-17 from the floor, and grabbed just eight total rebounds. Godfrey made his consistent hustle plays, but freshman Melvin Ejim’s work in the post kept things successful

“I guess in the past few games I’ve been kind of tentative or passive, and they’re just telling me to keep being aggressive,” Ejim said, after scoring 18 points and collecting 10 rebounds. “I saw if I had an opportunity, I just took it and made a play.”

The revamped Cyclone roster gets its taste of the new-look Iowa Hawkeyes on Friday, and tipoff is at 7:30 p.m. in Iowa City.

Commentary

Eliminate old stigmas



By Jeremiah.Davis@iowastatedaily.com

Women’s basketball team deserves more support from Cyclone Alley

As long as men and women have been playing sports, there has been a stigma that men’s sports are more interesting or entertaining to follow than women’s.

That is definitely evident in attendance for women’s college basketball. Across the country — even at the women’s basketball juggernaut of Connecticut — students in particular don’t show up in droves like they do for men’s games.

And honestly, that’s a shame.

“I think it’s a nationwide phenomenon that students don’t go to women’s games,” said ISU coach Bill Fennelly. “It’s just one of those things in life. Death, taxes and students don’t go to women’s games. I think every marketing thing I’ve been to, there’s something on the agenda, ‘How do you get people to go to women’s games?’ And no one’s figured that out.”

There’s no doubting that the men’s games are exciting, and that Hilton Magic in particular was formed around their games. But while Iowa State’s women’s team has one of the best fan followings in the nation, the majority of those fans are not in Cyclone Alley.

The student organization’s mission statement reads, in part, that the goal is “to come together as a group of students to create a spirited and positive atmosphere at the men’s and women’s basketball games of Iowa State University.”

They do that, and most often do it well, through promotions and giveaways.

Yet, students don’t fill the seats with regularity. There is a group of dedicated students that come to every women’s game, and they cheer their hearts out. It’s getting the other, larger group of students to come with.

I just think they’re missing out. A lot of students come from places where the women’s team they watched at their high school was seen as either boring or just a worse overall product.

“The game is different,” Fennelly said. “A lot of students come to Iowa State and say, ‘My high school girls’ team was terrible.’ So sometimes we’ve got to get them here.”

What bothers me is that even with that assumption — one Cyclone women’s fans would say is inaccurate — students won’t come watch a winner. Ever since Fennelly came to Iowa State, his teams have been winners. The man has won more than 500 games, for crying out loud.

Fennelly’s Cyclones have compiled a 338-150 record since the 1995-1996 season, reaching the NCAA tournament 11 times. In that span, the men’s team has gone 275-221 while reaching the tournament five times.

I hear Cyclone fans complain a lot that there is either a culture of losing at Iowa State, or that the sports don’t win anything. It’s just not true. The women’s team is consistently good every year, and if students really want to root for a winning team, why not Kelsey Bolte and Co.?

As for the product itself, and whether or not it’s boring, I find it hard to believe someone would be bored at an ISU women’s game.

Basketball fans usually love a fast-paced game with high scores and efficient players. Well, that’s what you get with Fennelly-coached teams. They also shoot a truckload of 3-pointers. The only thing at a basketball game that gets a crowd more excited than a made 3-pointer is a thunderous dunk — which you won’t see at Hilton unless Brittney Griner is in town.

It’s just different. Those who have never gone need to remember that different doesn’t necessarily mean worse, especially in this case.

If you go to Iowa State or have ever followed Iowa State, you know who Fennelly is. You know he’s enthusiastic and has had success, and that he’s one of the most important coaches to any program in ISU history.

But you don’t really get to see him in his element until you watch him coach. He puts his heart and soul into his craft, and it shows.

In the end, these are only words. My case to attend probably won’t move many students to start going to games or following them closely, because, like Fennelly said, that’s just the culture.

Those sitting at home just don’t know what they’re missing.



Members of Cyclone Alley cheer on the Cyclones during the Iowa State-Michigan game on Sunday. The Cyclones defeated Michigan 60-47. Photo: Tim Reuter/Iowa State Daily

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Women's basketball

Second-half surges power Cyclones to wins

By David. Merrill
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Iowa State has shown it is a strong second-half team all season. Strong second halves have propelled the team to victories against TCU and Drake this season. It can now add Michigan to this list. The Cyclones held just

a two-point lead over the Wolverines at halftime before outscoring them 34-23 in the second half, when Iowa State salted away a 60-47 victory. "We go into the locker room and coach [Bill Fennelly] will give us his spiel about what we did right and what we did wrong," said ISU sophomore Jessica Schroll. "Kelsey [Bolte] gave us a little speech today, so

we were ready to go. It was like a brand new start." A disparity in shooting percentage was the difference for the Cyclones. They made just 27 percent of their shots in the first half compared to 39 percent in the second. Bolte led the resurgence for the Cyclones. She shot 5-of-11 from 3-point range to finish with 20 points and five rebounds. Bolte made three of her five 3-point attempts in the second half.

"My shooting percentage wasn't great, but I just kept shooting," Bolte said. "I started to use my legs a little bit more and slowed my shot down and started focusing on my form a little more." Bolte's 3-pointers came at very big moments in the game for the Cyclones. Once Iowa State took a lead, Michigan would keep chipping away and bringing the game closer. The Ida Grove native stepped up and delivered.

"Kelsey makes two in a row — that's six points," Fennelly said. "In a game like this, that's a lot more than six."

Bolte made two straight threes in 30 seconds to push the ISU lead out to six points. One of the main adjustments the Cyclones made in the second half was staying in position on the ball screens Michigan threw at them. Fennelly had his team start out the second half by switching on the screens, but found that led to points for the Wolverines.

Iowa State also went to a smaller lineup in the second half, playing four guards on the floor. It put backup point guard Chassidy Cole into the mix.

"We spread them out a little more defensively and let Jess try to create something, or Chass," Fennelly said. "They did a good job with that."

The Cyclones once again held their opponent to below 40 percent from the field for the game, adding to the consistency on defense the Cyclones have showed all season. They have shown that they are going to have to win games on the defensive end of the floor.



Guard and forward Jessica Schroll rushes past a Michigan opponent during Sunday's game at Hilton. The Cyclones defeated Michigan 60-47. Photo: Tim Reuter/Iowa State Daily

"There are some teams that can go out and just outscore you," Fennelly said. "We're not

one of those teams." Fennelly gave credit to his team being able to make adjustments at halftime and said it had to do with players getting better and becoming more comfortable with the offense. "Our team is very good at

understanding what we did wrong and what we need to fix," Fennelly said. "Kelsey Bolte is smart, [guard] Lauren [Mansfield] gets better every time she plays. Our kids believe in the game plan and that's to their credit."

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Cyclone Hockey

Player of the Week

#17 Marcus Malmsten

Cyclone Hockey is pleased to announce Marcus Malmsten as Player of the Week. Malmsten's hard-working positive attitude earns him the title. Marcus has played 19 games for the Cyclones in his debut season with the team. Malmsten has contributed 9 points, six goals and three assists, including one power play and one game winning goal. Marcus is working very hard for the Cyclones and is a two-way player on the ice. Malmsten hails originally from Torshanda, Sweden, where he played for the HC TPS / J20 Elite. Marcus is currently a freshman majoring in business at Iowa State University. Head Coach Dr. Al Murdoch is very satisfied with Malmsten's performance. "Marcus is adapting well to life in America. He works hard and leaves it all on the ice."

Wrestling

Missed chances offer motivation

By Darrin. Cline
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The angst and frustration flowed from every pore in Kevin Jackson's body. Jackson's displeasure with his team's effort and execution manifested itself throughout Iowa State's dual loss to the Iowa Hawkeyes and left all of Cyclone nation wondering "where do we go from here?"

"I truly believe it was a missed opportunity," said Jackson, who saw six of his grapplers drop tough matches and be outworked in nearly every phase of competition.

Iowa State's coach was not the only member of the Cyclone family disappointed with the team's performance.

"At the end of the match, it felt like there was opportunities that I missed, and it's not acceptable to me and it's not acceptable the way I wrestled," said Cyclone senior captain Jon Reader.

Reader's attitude embodies what the Cyclone wrestling program is striving to achieve throughout the remainder of the season. Despite defeating Iowa's Ethen Lofthouse 6-1 in a match that put Iowa State within striking distance of a win, Reader was still not satisfied with his performance.

Improving the performance of every man on the roster is part of the Cyclone game plan moving forward. A front-loaded schedule has given the team a glimpse at the positives and negatives of the roster.

"We felt that having a group of young kids, we needed to compete a lot and get a lot of matches under our belt," Jackson said.

Iowa State may have faltered in its most hyped dual of the season, but the road ahead does not get any easier for the No. 14 squad in the nation. Not only do the Cyclones host rival Northern Iowa, but the new year brings challenges from five of the top 15 teams in the nation, including No. 1 Cornell University.

With an amplifying schedule ahead, the cardinal-and-gold-clad grapplers will need to match that intensity in order to rebound. Tough losses by Kyle Simonson and Chris Drouin, among others, highlighted the areas of improvement the team is looking to work on.

"Those two bouts we were confident we could win, therefore winning the dual meet," Jackson said. "So we truly feel we missed an opportunity, but all in all I'm very disappointed with a few of our guys from a competitive standpoint."

Following the Iowa dual, the first dual loss of the season, Jackson was very tough on his team, but accepted the brunt of responsibility for his team's performance.

"[The team's performance] all falls on the coaching staff," Jackson said. "So I'll take the blame, I'll take it."

Iowa State's Nate Carr Jr. goes to take down Iowa's Jeret Chiri during the 149-pound match in Friday's dual meet at Iowa. Chiri took down Carr 14-7. Courtesy photo: Rob Johnson/The Daily Iowan

The Iowa meet may have brought some of the team's weaknesses to the surface, but Jackson still sees positives for them to build off of.

"All these guys, they're training together," Jackson said. "You've got Jon Reader, you've got Andrew Sorenson, you've got Nate Carr Jr., you've got my heavyweights, you've got some other guys that stepped out there and competed, so it's not two separate teams; it's one team."

Sorenson and Carr Jr. used the Iowa match as a proving ground on national television. Sorenson, arguably the most improved wrestler on the roster, pulled an upset over rival Jake Kerr, while Carr Jr. pummeled Hawkeye Jeret Chiri to pick up the major decision and proved many

doubters wrong. These two performances highlighted the goals of the Cyclones going forward, and the "one team" philosophy. A tough defeat against a longtime rival has the potential to bring any team down, especially in a situation in which the line between victory and defeat is razor thin. Examining the road ahead for the ISU wrestling team can be viewed as an impossible gauntlet or an unmatched opportunity. Jackson does not shy from the fact that the team has a long way to go, but he also recognizes that the question of "where do you go from here?" has an upside. "This is wrestling," Jackson said. "You've got to step out there and you've got to compete."

Letters

Does WikiLeaks overstep boundaries?

Publishing leaks not new practice, not always bad

The investigative website WikiLeaks — it's really more like a news organization — has again caused uproar over the release of U.S. diplomatic documents. The last time they released confidential information about Afghanistan and the U.S. wars, I never did hear a followup whether those leaks caused any damage to the U.S. war effort or whether it was all stuff that was already known by the inside players. In the latest round of Department of State cables we found out a lot about the gossip and assessment by U.S. diplomats of world leaders and policies. My friend Teresa Buoza of EFE, the largest Spanish language news agency, out of Spain, and the world's fourth largest news

Steffen Schmidt is a university professor of political science. agency, asked me to comment on whether WikiLeaks is basically something good or something bad. My response was that as with all big things in life there is a good side and a bad side. It's a double-edged sword at best. When governments operate in complete secrecy, they often make poor judgments and, in some cases, catastrophic decisions. Transparency is supposed to be the characteristic of democracies. Accountability is the most important benefit of democratic governments where the voters, the people, can kick out governments and bring in better leaders — or arrest and prosecute corrupt or criminal leaders if necessary. In that sense WikiLeaks is good, and

providing lots of information and putting leaders around the world — not just in the U.S. — on notice makes democracy work better. However, in the conduct of diplomacy and war, confidentiality is often vitally important because diplomacy is a lot like making chorizo sausages — it is not something you really want to see because it is messy and smelly. If WikiLeaks causes death or destroys the lives of people who are engaged in espionage, war or diplomacy and compromises security and aids rogue governments or terrorists, then that would clearly be bad. In the next round of releases that are promised, if WikiLeaks reveals information about the workings of the banking industry and those revelations show fraud, abuse and criminal conduct, then WikiLeaks is doing the job that the government regulators and prosecutors should be

doing, and that would be good and could bring about much-needed reforms of the banking system. On the other hand if a lot of personal and confidential information is revealed, it could cause identity theft and terrible consequences for individuals, and it could cause a meltdown of some banks and destabilize an already-fragile world financial system — that would be bad. She also asked me if WikiLeaks should be called a terrorist organization or “traitors”? My answer was that Fox News, CNN and the New York Times also often do investigative reporting, get tips and leaks from people and publish information that politicians and leaders want kept secret. Are they terrorist organizations? Are they traitors? I grew up in Latin America, where governments are constantly shutting down newspapers, radio and TV stations,

calling them enemies of the people or terrorist. Just take a look at Venezuela and Cuba and you will find no investigative reporting and no leaks of any kind because the media have been pretty much shut down. Look at what happens in Mexico or Colombia when newspapers or TV report on drug cartels and drug bosses. They are kidnapped, tortured and killed, or the newspaper building is simply blown up with a car bomb. Governments, politicians, corporations or drug lords have a lot to hide. The difficult issue here is what is legitimate confidentiality and what the public should have the right to know. Until recently the U.S. government stamped “Top Secret” on even the most mundane documents to keep them from the media. Over the past years we pried open some of that, especially with the Freedom of Information Act.

Recently the stamp of secrecy has grown in the name of the war on terrorism and the wars in Iraq and Afghanistan. I remember when the Abu Ghraib prison scandal in Iraq broke and the pictures of Iraqis being humiliated and interrogated made the news. There was outrage on some quarters that this would undermine the U.S. forces and war effort in Iraq. Yet stopping those types of abuses in the long run was right away deemed by the U.S. military itself as essential to winning the war and the hearts and minds of the people of Iraq. Showing photographs of American war casualties returning in flag-draped coffins was prohibited by the Bush administration. Was that a necessary secrecy? At what point WikiLeaks oversteps the bounds of reasonable media rights to inform and violate necessary secrecy is a judgment I cannot make. You decide.

Helping others can be mutually beneficial

10,000 Hours gives back to students who give back, with concert as incentive

There is too much bad news in the world. Flip on the news and you will instantly hear words like AIDS, poverty, famine, homelessness, foreclosure, pollution and the list goes on. I don't want to sit in front of the TV and hear these types of things just to say, “Oh, how awful” and twiddle my thumbs. This is the reason I go out and volunteer.

Hana Yoon is the outreach director for the 10,000 Hours Show and a junior in biology. Whether it be fundraising for a cause or visiting a lonely patient at the hospital, I know that I will be making a difference. No matter how small, it is still a difference, and little things can really add up. I began volunteering as a way to help others, yet the more I got out there, the more I learned that the benefit was mutual. Volunteering helps you get to know yourself — who you are, what you believe in, what you are passionate about. I have been volunteering at the Mary

Greeley Medical Center since last summer, and I absolutely love it. I get to sit and talk with real patients who are either in need of extra care or just someone to talk to. I quickly realized that I love being around patients, and I love letting them feel like someone cares for them. Through this volunteer program, I was able to build greater confidence in my future plan to work at a hospital, while gaining valuable experiences. Now I want to encourage you to get out there, too. The 10,000 Hours Show is a student-led organization that encourages volunteerism in the Ames community by connecting students with volunteer opportunities. Any

registered member who logs at least 10 hours of community service on their Web site will be recognized with a free ticket to a concert the organization hosts at the end of April. On Jan. 19, 2011, the 10,000 Hours Show will be co-hosting a Volunteer Fair at the Memorial Union's Campanile Room from 5 to 9 p.m. Many nonprofits in search of volunteers will be there, making this a great opportunity for you. Community service is an important way to get involved in issues we care about while gaining a greater insight into ourselves and the world. I hope to see you at the fair this January and at the concert as well!



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Daily Crossword

edited by Wayne Robert Williams

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17						18						19		
20					21					22				
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56								57				58		
59					60	61				62				
63				64							65			
66				67							68			


1 Prepared for pie, as apples
6 Skirt fold
11 U.S. to Brutus
14 Speed skater ____ Anton Ohno
15 Get-up-and-go
16 Author Levin
17 What cats and bats do
18 Procter & Gamble laundry product
20 Earl Grey et al.
21 "The loneliest number," in a song
22 Nickel or cadmium
23 The works
24 Favorite
25 Simian
27 Keep America Beautiful concerns
30 Lawyers' charges
31 Craft that can be rolled
32 "As ye sow, so shall ye ____"
34 Country rite.
35 New England storm
39 Bruin legend Bobby
42 Rank below marquis
43 Nutritious beans
47 Razz
49 Space particles
52 Asks to the party
54 King of France
55 9-Down adviser
56 Kentucky county named for a trailblazer
57 It follows Wed.
58 Stride
59 Beach Boys album with bees and flowers on the cover

62 Beyond the fringe
63 Columnist Buchwald
64 Alleviated
65 ____mic hiker's fare
66 Snake sound
67 Wipe out
68 Critter that can follow the ends of this puzzle's five longest answers

37 God with arrows
38 Staff associate?
39 Lake Superior natives
40 Some Impressionist paintings
41 Sickens
44 Mexican peninsula
45 Bayer product
46 Majestic
48 Melon exterior
50 Villainous literary alter ego
51 Promise to pay
53 Little laugh
57 Goller's pocketful
58 Spiritual guide
60 Stick in the lake?
61 Govt. hush-hush org.
62 Bettor's hangout, briefly

DOWN

1 NPR auto show
2 Hamlet's love
3 Writer's payment
4 Shady bunch?
5 Anonymous John
6 Destination in a two-part route
7 "Many-splendored thing" of song
8 Comic Phillips
9 30-day mo.
10 Herb in a bouquet garni
11 Toothpaste comparison word
12 Cried like a raven
13 Like anarchy
19 Note to ____
21 Across, in verse
24 "Orange" tea grade
25 A long time
26 130-minute H.S. exam
28 Beach lover's goal
29 Eurasian range
33 Joe of "GoodFellas"
36 Senate contest



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Jokes for the Day

What do monkeys sing at Christmas ?
Jungle Bells, Jungle bells.. !

What do you get if you cross an apple with a Christmas tree ?
A pineapple !

What sort of ball doesn't bounce ?
A snowball !

what? just sayin

Superman always kicks batmans ass, just sayin'
...
They should really put a hockey rink, or two, on central campus during winter.
...
To the boy whose bed i puked in over thanksgiving break because i was so drunk, im sorry and you're really cute. just sayin...
...
To my neighbors in University Village: I hope you're enjoying my new found love for the harmonica as much as I am... Just Sayin'
...
Everyone looked around stupidly when the fire alarm in Parks went off waiting to see who would leave first...
...
To the girl that ran into the library door and pretended it didn't happen yes I did laugh at you a lil, but it was only cuz that happend to me last week :)
...
Parents on a campus tour with their kids must be really impressed when they see all the freshmen running up to the Free Condom Wednesday stand grabbing handfuls... maybe the tours should skip that area of the UDCC, Just Sayin'
...
Dear Roommates, set down your 360 controllers and do the bloody dishes. Love, the Roommate with a real work load
...
Toothpaste does not help keep your breath minty fresh for an extended 24 hour period. Please brush your teeth at least twice a day.
...
To the girls around campus with skittle colored hair... I applaud you for being different and not caring what others thing. I know I wouldn't have the guts.
...
my male roommate read the twilight series Man Card revoked.
...
To the kid with the laser pointer in BIO 255 that pointed to the right clicker question answer the other day, and as a result our class got a 100% on the question, our teacher sure was happy we had all been "paying attention." It was funny once, but let's not do it again.
...
To the winter holidays, bring on the jingle bells, lights, and mistle toe!
...
You're killing me smalls!
...
To the person riding their bike and pedaling really fast but not going anywhere fast... You can change gears. Just sayin'
...
To the guys talking at the library. Agreed, there is no such thing as an alcoholic in college.
...
Submit your LMAO(txt) and just sayin' to iowastatedaily.com/fun_games



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Daily Sudoku

7		8				1		
					8			
			2	5	6			
2	1				3	5		9
5	3						6	
4		6	1				3	7
			8	6	2			
			3					
		2				6		4

Level: medium

INSTRUCTIONS: Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every number 1 to 9. For strategies on solving Sudoku, visit www.sudoku.org.uk.

Today's solution:

7	5	8	9	3	4	1	2	6
6	2	3	7	1	8	4	9	5
9	4	1	2	5	6	3	7	8
2	1	7	6	8	3	5	4	9
5	3	9	4	2	7	8	6	1
4	8	6	1	9	5	2	3	7
1	7	4	8	6	2	9	5	3
8	6	5	3	4	9	7	1	2
3	9	2	5	7	1	6	8	4

Daily Horoscope

by Nancy Black and Stephanie Clements

Leo: Don't Push Too Hard

Today's birthday (12/07/10). Opportunities open up for increased income and additional education to further your career. Practical effort takes you into new arenas, where you express private thoughts with like-minded individuals. Choose wisely to build a solid future and follow your passions.

Aries (March 21-April 19) -- Today is a 6 -- Focus attention on public or social activities. Get out and meet people to take advantage of multiple opportunities. Anticipate career openings.

Taurus (April 20-May 20) -- Today is a 9 -- Multiple long-distance contacts provide your partner with everything necessary to complete a change. Take off on your own and allow others to work.

Gemini (May 21-June 21) -- Today is a 6 -- Associates have gathered the financial information needed to make a decision. Work together and the desired changes fall into place effortlessly.

Cancer (June 22-July 22) -- Today is a 7 -- Close relationships provide opportunities for practical action. Whether it's work or play, enthusiasm increases and imagination carries you forward.

Leo (July 23-Aug. 22) -- Today is a 7 -- A new person enters the workspace, bringing new opportunities and possibly some tension. Everything works out if you don't push too hard. Use finesse rather than force.

Virgo (Aug. 23-Sept. 22) -- Today is a 6 -- A female's desire for changes inspires everyone to take a chance on creative elements. The pieces come together on a practical level with great results.

Libra (Sept. 23-Oct. 22) -- Today is an 8 -- Healing potential expands now. This could involve yourself or family members. Love and compassion work wonders. Pour your energy into each act.

Scorpio (Oct. 23-Nov. 21) -- Today is a 7 -- Dress up your style and message today. Even the most practical concepts can use a bit of marketing. Don't be afraid to sing your own praises, with compassion.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 9 -- Pay your own way today. That way, you maintain as many possibilities as possible, while enjoying great company. Stay close to home rather than traveling far.

Capricorn (Dec. 22-Jan. 19) -- Today is a 6 -- Ideas come together today in unusual ways. What appear to be very different directions actually arrive at the same place. If one fails, try another.

Aquarius (Jan. 20-Feb. 18) -- Today is a 6 -- Private gatherings take advantage of multiple possibilities. Each group member can pursue an idea independently and then bring it to the table for consensus.

Pisces (Feb. 19-March 20) -- Today is a 7 -- Pay close attention to the role independent action plays regarding physical well-being. Listen to professionals. Then check with your own body for confirmation.

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Mrs. Geoffroy’s holiday treats

By **Kelsey Schirm**
AmesEats Flavors Writer

Every year, when there is enough snow to cover the hill of President Gregory Geoffroy’s house, students grab their sleds and take them for a ride down the Knoll hill. When the bustle and laughter of the students alert Mrs. Geoffroy, she grabs a quick head count and brings out some cookies. Kathy Geoffroy has been carrying on this tradition since the first year she and her husband began living at the Knoll.

“I heard that the students sled down the hill of the Knoll, but I didn’t know if it was true,” Mrs. Geoffroy said. Soon enough, she found out it was true, and that’s when she decided that the leftover cookies she had made for her kids would be a great treat for the joyous students.

Many people associated Mrs. Geoffroy’s tradition with hot chocolate and cookies, but this is not true. “Most people believe that I bring out hot cocoa, but I never have,” explained Mrs. Geoffroy. “I thought about it the first year, but they were gone before I could make it and get out there.”

Mrs. Geoffroy explained that the biggest group she had seen was of two or three dozen students, some of them running around in just their boxers. She was relieved to see that she had missed the streaking boys when she brought out the tray of cookies.

Mrs. Geoffroy makes a variety of cookies for the students, and it all depends on what she has on hand. President Geoffroy and she have a few favorites, though, including a recipe for Chinese wedding cakes handed down from her mom. At your next holiday party, try these cookie recipes and the famous hot cocoa that is served at WinterFest every year:

Chinese Wedding Cakes

- 1 cup butter
- 1/2 cup powdered sugar
- 1/2 cup pecans, coarsely chopped
- 2 cups flour
- 1 teaspoon vanilla

Cream the butter and the sugar. Mix the flour and nuts. Add the flour and nut mixture to the butter and sugar mixture. Add vanilla. Roll into small balls. Place on greased and floured cookie sheet for about 15 minutes in a 400 degree oven. Roll cookie balls in more powdered sugar while hot. (Makes about 50 cookies)

Christmas Shortbread Cookies

- 1/2 cup butter or margarine
- 1/4 cup packed brown sugar
- 1 1/4 cups all-purpose flour
- Red and green Sprinkles.

In mixer bowl, cream butter and sugar until light and fluffy. By hand, add flour, mixing well to form a ball. Turn dough out onto lightly floured surface. Using a rolling pin, roll out the dough into a 9 x 6 x 1/2 -inch rectangle. Cut with cookie cutters. Sprinkle with colored sprinkles. Place on ungreased cookie sheet. Bake at 325 degrees for 20-25 minutes. Remove to wire rack and let cool. (Makes 15 to 18 cookies)

Iowa State University Knoll Hot Chocolate

From Ellen Sorge Parks, wife of William Roberts Parks, the 11th president of Iowa State

Cocoa Mixture:

- 2 cups cocoa
- 3 1/2 cup sugar
- 2 cups water
- 1 tablespoon salt

Mix together, cook to 218 to 220 degrees in a double broiler. Do not scrape sides of pan. Chill overnight.

Chocolate Cream:

- 1 quart cream, whipping
- Cocoa mixture, chilled
- Whip cream until soft peaks form, fold in cocoa mixture. Keep chilled until needed



Photo: Claire Powell

Steamed Vanilla Milk:

- 1 gallon milk, whole
- 1 tablespoon + 1 teaspoon vanilla extract
- Heat milk until hot. Add vanilla.

To Serve:

Place one heaping spoonful of chocolate cream into each cup. Add hot milk and stir
(Makes approximately 32 servings)

Baked apple treats

By **Lauren Ingebrand**
AmesEats Flavors Writer

Whether they are in a pie, crisp or cobbler, baked apples are the perfect fall or winter treat. Apples are available year round with a peak from September to November, so you won’t have any trouble finding them at the store. Choose apples that are firm and brightly colored with smooth and shiny skin.

Be sure to check all sides for bruises. Apples should also have a fresh scent. Select a variety of apple that is appropriate for the recipe you are using. Spices that go well with apples include allspice, cardamom, cinnamon, cloves, coriander, ginger, mace and nutmeg. On a cold evening, curl up next to the fire and enjoy one of these delicious, warm treats. Try these baked apple desserts:

- **Apple Cobbler:** Fruit cobblers contain a layer of fruit on the bottom with some sort of pastry over the top. The pastry can be as simple as a pie crust, but most prefer a heartier biscuit or scone dough.
- **Apple Crisp:** Crisps usu-

ally have a sweet, crumbly topping that includes oats, sugar, butter, spices and a little flour.

- **Apple Sauce:** This delicious treat is easy to make. All you need is apples, water, sugar and cinnamon. Place all the ingredients in a saucepan and boil until apples are soft (15-20 min). Then mash with a potato masher.
- **Apple Pie:** This is a delicious classic that makes a great holiday gift.
- **Apple Turnovers:** Turnovers are pastries made by placing filling in a folded piece of puff pastry. They are best just out of the oven with a sugary glaze on top.
- **Apple Dumplings:** These apple filled pastries are a native food of the north-east United States. They are commonly eaten for breakfast or dessert. Apple dumplings are also great with ice cream.



Photo: Thinkstock.com

- **Classic Bake Apples:** Varieties best for baked apple include Braeburn, Gala, Gravenstein, Rome Beauty and York Imperial. Preheat your oven to 325 degrees Fahrenheit. Combine about 1 teaspoon ground cinnamon, 1/4 teaspoon ground

nutmeg along with any other spices you would like to include in a small bowl. Mix in 1/2 cup of sugar and set aside. Core 6 apples and remove skin 1/2 of an inch around the top opening. Fill middle of apples with sugar spice mixture and top with a

teaspoon of butter. Place apples in a casserole dish and pour about 1 cup of apple juice in the bottom of the pan. Cover with aluminum foil and bake for 45 minutes to an hour.

***For a unique twist, substitute cranberry juice for apple juice in the bottom of the pan.**

foodies – soups – salads – dining – desserts – style – recipes – cocktails – nutrition – organic



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Hearty doesn’t have to be heavy

By Kelsey Bulat
AmesEats Flavors Writer

Chestnuts roasting on an open fire, Jack Frost nipping at your nose, and an endless winter of eating tasty but — more often than not — fattening foods. As the temperature drops and the days become darker, the craving one gets for warm comfort foods increases. The crisp, cool salads that used to suffice during the warm summer months are now replaced with roasts, mashed potatoes and casseroles galore.

According to Kristin Herlocker MS, RD nutrition expert with the Diabetes Centers of America in Houston, “When outdoor temperatures drop, your body temperature drops, and that is what actually sets up a longing for foods that will warm you quickly.”

There may be psychological implications as to why people crave fattier, warm foods in the winter. As suggested in the article “The Cold Weather Fat Craving Connection,” by FITSUGAR, “Possibly a stronger factor in fatty-food craving is tradition and association. After all, the Thanksgiving meal, which really seems to kick off the winter season, at least mentally, is full of fatty, rich foods.”

So, is the answer to keeping off the weight this winter to refrain from eating the foods we crave? No. Do not fret. The weather may be frightful, but there are plenty of hearty and healthy comforting dishes that will keep you delighted.

Here are some ways to satisfy your hearty winter food

cravings and still wear the bikini or swim trunks when summer returns:

- Go to Wellness Works (www.wellnessworks.iastate.edu/recipes) for healthy soups and slow cooker recipes. Soups are high in volume, which helps you to stay full longer.
- Betty Crocker has a cookbook, entitled “Cook’n Healthy and Hearty,” that has lighter versions of the hearty recipes we love.
- Instead of filling your potatoes with cheese and sour cream, try topping them with a Cajun-seasoned Greek yogurt.
- Oatmeal is a warm, hearty, satisfying meal and a perfect medium for being inventive. Try making oatmeal with almond milk and topping it with blueberries (high in antioxidants), a sprinkling of cinnamon, toasted walnuts and a drizzle of maple syrup.
- Use quinoa pasta in your pasta dishes instead of the typical wheat pasta. Quinoa is full of protein and is not as high in carbohydrates as wheat pasta. In fact, quinoa is one of the few grains that has been labeled as a complete protein.
- Beans beat hunger due to all their fiber and protein. Try adding black beans or pinto beans to a Mexican-inspired casserole.
- For the carnivores out there, there’s no need to skimp on the meat. Just make sure to eat lean cuts and to not gauge it with too much sodium. For instance, there’s approximately 200 calories in a lean 4-ounce sirloin steak.



Photo: Thinkstock.com

Staying fit in the cold

By Linda Berlakovich
AmesEats Flavors Writer

Winter coats are magical. Not only do they keep you warm in the sub-zero temperatures, but they also manage to hide the fact that you just consumed a plate of cheesy potatoes, green bean casserole, fried chicken and Wisconsin cheese soup for dinner.

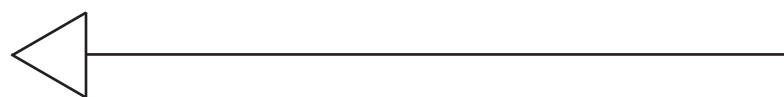
Oh, do not forget the fudge brownies you made because you were stuck inside due to freezing rain. Yes, it will be about six more months until your swimsuit sees the light of day.

So, should you eat another brownie? Is it possible to go for a run in a blizzard? Winter weight gain is sneaky, so remember the following tips to keep your body feeling great:

- Do jumping jacks, jog in place, or do sit-ups or pushups during the commercials of your favorite TV show. These are all great ways to squeeze in a little indoor exercise.
- Be picky about your foods. Choose broth-based soups rather than higher-calorie cream-based soups. Also, choose lean protein, such as turkey breast, rather than meats with higher fat content, such as sausage.
- Remember that sick feeling you get after eating too many sugary foods while studying for midterms or digging early into the Halloween candy? To avoid this, plan ahead what you really want to enjoy and what you don’t need to eat. Even just thinking about this as you select your food makes you more aware of overeating.
- Invest in some indoor exercise equipment that you can easily use in your room when it is just too cold to go outside. Great choices include dumbbells, a jump rope, an exercise trampoline and a floor mat for pushups and sit-ups.
- Need a hot beverage to curl up with? Save the hot chocolate and Bailey’s for a special occasion and enjoy calorie-free hot tea instead. The flavors available are endless.
- Periodically turn up the thermostat and put on your summer clothes for a couple hours. Even just being reminded of how you cannot always keep hiding in your winter clothes can help you make healthier food choices.



Photo: Thinkstock.com



What are these?

For the answer and more on delicious holiday treats, visit

ameseatsflavors.com

Warm up without filling out

By Stephanie Rupp
AmesEats Flavors Writer

During the winter season, tempting drinks are everywhere. From coffee shops and convenience stores to restaurants and cafes, warm, calorie-rich drinks become even more popular as the weather gets colder. Shiver in the cold no longer with these tips for a healthier warm drink.

- **Choose “light” or “skinny” options.** Light and skinny versions of drinks are simply made with sugar-free syrups and non-fat (skim) milk and are served without the whipped cream, cutting out calories and fat.
- **Skip the whip.** If you still would like the standard 2-percent (reduced fat) milk and sugary syrups,

skipping the whipped cream is a good way to reduce the overall calorie count.

- **Make your own.** Making your own warm winter drink can save you money — plus, you will know what exactly is in it. If you like chai tea lattes, a unique and healthy spin is a chai almond tea latte. Chai tea concentrate and almond milk can be purchased at your nearest Hy-Vee, and all you have to do is add equal amounts of chai tea concentrate and almond milk and heat to serving temperature.
- **Choose smaller sizes.** Choosing a smaller size is a great way to enjoy a warm drink without filling up on calories. Common coffee shop sizes are small (12 ounces), medium (16 ounces) and large (20



Photo: Thinkstock.com

ounces). By choosing small- or medium-sized drinks, you can reduce your intake between 4 and 8 ounces — almost the size of a small drink.

No matter how cold it may be outside, a healthier version of your hot chocolate, espresso-based drink or seasonal specialty is just an order or trip to the grocery store away.

foodies – soups – salads – dining – desserts – style – recipes – cocktails – nutrition – organic



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 IOWA STATE DAILY.

Landscape architecture



All photos courtesy: Morgan Aalgaard

Students trek across Midwest for program

By Jacob Stewart
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For the entirety of their fall semester, 36 students and three professors in landscape architecture traveled across the Midwest and through the South in a mobile and natural classroom setting.

The Savannah Studio is a trip organized to give a different type of education to students who can afford the \$1,800 price tag to live out of a suitcase for a semester.

Ryan Anderson, sophomore in landscape architecture, said that over the course of three months, he and his group walked and drove through North Dakota, South Dakota, Missouri, Kentucky and Louisiana. Sketching was a daily activity for the students, a required exercise to keep their creative processes in top gear.

“We did these things called



‘design interventions,’ where we would take part of a city and make it work better with the rest of the surrounding area,” Anderson said.

“It was definitely an experience you won’t get anywhere else.”

“It was really great to get out of the classroom [and] experience things instead of just

Landscape architecture gallery
College of Design Building
Room 181
6 to 8 p.m. Tuesday
Free admission

learning them,” said Morgan Aalgaard, sophomore in landscape architecture.

The trip has been an ongoing opportunity in the College of Design for 11 years.

Leading the trip were Michael Martin, associate professor of landscape architecture; Julie Stevens, lecturer of landscape architecture; and Gary Hightshoe, professor of landscape architecture.

A gallery displaying the artwork made by students on the trip will be available for viewing during an open house from 6 to 8 p.m. Tuesday in the College of Design’s room 181. Admission is free.





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